

REGISTRATION FORM

Fill the Ark 5K Run or 1-Mile (walk)

Saturday, June 14, 2008 - 8:00 AM - 3103 E Craig Dr (Wasatch Jr north field)

"Fill the Ark 5K" is a non-profit community organization sponsoring this event with the East Mill Creek Community Council. All proceeds are donated to Heifer International (www.heifer.org) to fill an "Ark" full of animals for needy villages worldwide. Your individual registration fee includes a t-shirt. (You may also register as a family for \$25 plus \$5 per t-shirt)

Pre-Registration fee for individual participants in the 5K is \$15 per person (on line at www.filltheark5k.org or by mail)

Day of Race Registration is \$20 per person for the 5K (7 - 7:30 am only) and \$10 per person for the 1-Mile (walk)

Please complete the top portion of this Registration Form and the Race Waiver Release section for each participant.

Sign the release waiver and return it, along with your check to your neighborhood representative or mail it to

Fill the Ark 5K; c/o: Mark Olson; 2939 Brookburn Rd. SLC UT 84109 - by June 9

First Name: _____ Last Name: _____

Address: _____

City, State, Zip: _____

Phone (home): _____ Phone (work/cell): _____

Email: _____

Emergency Contact: _____ Phone _____

Age Group	Gender		INDIVIDUAL REGISTRATION Name	Event		T-Shirt Size					Fees	
	M	F		5K	1M	(adult sizes except where noted)					5K-\$15	1M-\$10
11 & Under						youth	XS	S	M	L		
12 to 14						S	M	L	XL	2XL		
15 to 19						S	M	L	XL	2XL		
20 to 29						S	M	L	XL	2XL		
30 to 39						S	M	L	XL	2XL		
40 to 49						S	M	L	XL	2XL		
50 to 59						S	M	L	XL	2XL		
60 +						S	M	L	XL	2XL		
Total Individual Registration Fees											\$	

Age Group	Gender		FAMILY REGISTRATION Name	Event		T-Shirt Size					Fees	
	M	F		5K	1M	(adult sizes except where noted)					\$5 / shirt	
11 & Under						youth	XS	S	M	L		
11 & Under						youth	XS	S	M	L		
11 & Under						youth	XS	S	M	L		
						S	M	L	XL	2XL		
						S	M	L	XL	2XL		
						S	M	L	XL	2XL		
						S	M	L	XL	2XL		
						S	M	L	XL	2XL		
Family Registration Fee (immediate family only, please)											\$25.00	
I will be unable to Run or Walk in the event, but here is my tax-deductible contribution to "Fill the Ark"											\$	
Please make the check payable to: "FILL THE ARK 5K"											Total Amount of check: \$	

RACE WAIVER & RELEASE: I waive and release from all liability of the sponsors and organizers of the Fill the Ark 5K Run / Walk; and all volunteers and support people associated with the Run/Walk for any injury, illness, or mishap that may result from participation in the event. I attest that I am sufficiently trained for my level of participation. I also give my permission for the free use of my name and pictures in broadcasts, newspapers, and event publications. I understand that the entry fees are non refundable. If the race is cancelled due to inclement weather, it may or may not be rescheduled.

Signature (or Guardian Signature for minor) _____ Print Name Here _____ Date _____